



Feedback and Reflective Processes

Activity 2 Reflective Writing

Worksheet

You are going to sit and write your reflections on aspects of your experience with the international classroom.

Time

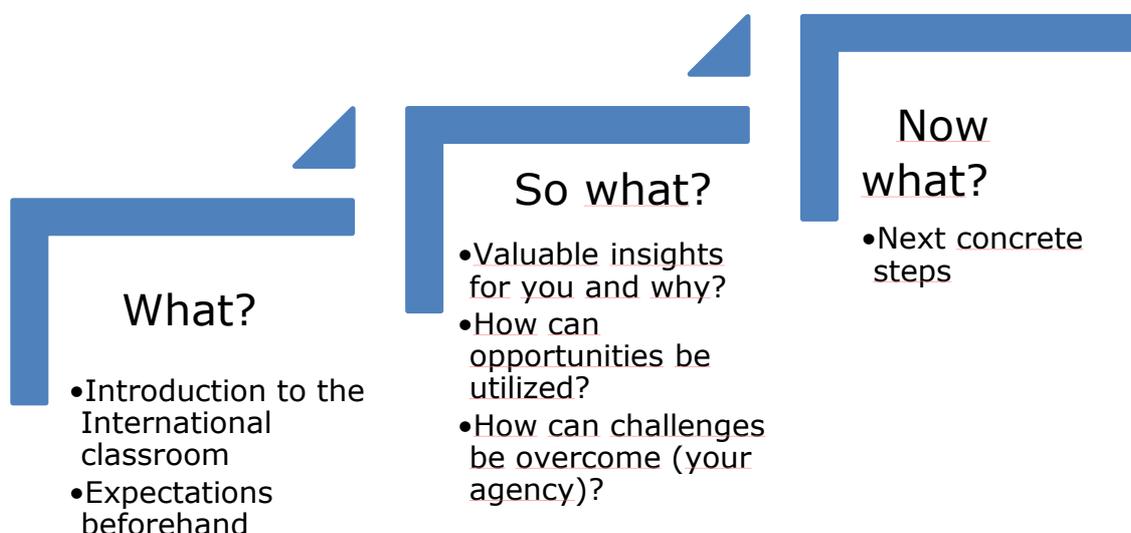
20 minutes

When you write, you may want to consider

- your expectations for this workshop
- your preparation work (the case you are examining)
- input from the *Introduction to the International Classroom module*
- other relevant input or thoughts

You are welcome to write in whatever format suits you best, either on your computer or on paper. You may also write your reflections in your language of preference. This is a tool for your personal development.

In your reflections, you can use, e.g Driscoll's (2014, 2020) "What" model.





Step 1 – What?

- What is the purpose of (re-)considering this topic/situation/event?

If it is a situation/event:

- What happened?
- What did I see/do?
- What was my reaction?
- What did other people who were involved do?
- How did they react?

Step 2: So what? (analyze the event)

- How did I feel?
- Did these feelings/reactions differ from others who were involved/present?
- Have my feelings/behaviour changed since my original exposure to this topic/situation/event?

What were the effects of my actions?

Step 3: Now what? (proposed actions)

- What are the implications (at my institution, in my classroom, ...) for me and others?
- Where can I get more information or guidance?
- Do I need to modify my practice?
- Do I need assistance to move forward?
- How will I assess if there is change?

What is my main learning from reflection?

References

Driscoll J (2000) Practising Clinical Supervision: A Reflective Approach. Bailliere Tindall (in association with the RCN), London

Driscoll J (1994) Reflective practice for practise – a framework of structured reflection for clinical areas. Senior Nurse 14(1): 47–50

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